

2016 DAT Study Schedule (10 weeks)

***Note:** Before starting this schedule, you should first read Ari's [DAT Study Guide](#).

Introduction

Your study schedule is going to be broken up into 2 parts. The **first part** will concentrate on learning the content of the DAT, where you will go over all the concepts the DAT will cover and develop your own notes. You will still be assessing yourself at this stage to ensure you are learning from your content review. We will spend approximately 5 weeks reviewing the content.

The **second part** revolves around practice questions and reviewing content (5 weeks). Your study day will consist of doing untimed sets of practice questions and reviewing your notes from your content review. About halfway through the second part you'll switch to timed practice to begin building your test-taking skills. At the very end of the second part you will switch to full-length practice tests to build up your test endurance and stamina, as well as evaluate whether you are ready to take the DAT or if you need to reschedule.

Part 1 of 2: Learning the Content

This is arguably the most important stage of your DAT prep. How you prepare and review here will determine if the rest of your studying will be torturous and draining, or productive and successful. Work hard and try your best to learn as much as you can, and take one day off a week to relax. Let's get started!

Study Schedule Part 1: Learning the Content Week 1, Day 1

You can use either Cliffs AP Biology 3rd Edition or Barron's AP Biology; however, **it is not necessary to buy both books**. I personally used only Cliffs AP Biology 3rd edition. I don't recommend the 4th edition of CliffsAP Biology; it was updated to eliminate much of the information in accordance with the new AP biology exam.

- Read CliffsAP Ch. 1 "Chemistry"
- Read Barron's AP Biology Ch. 3 "Biochemistry"

Before you begin to watch Chad's videos (www.coursesaver.com), print out all the outlines, hole punch them, and place them in a binder. Include a few sheets of loose-leaf paper at the end of each section so you can take notes. **Take diligent notes as you watch the videos, copy the examples, and re-watch them if you need to clarify something.** Take the associated quiz after watching the video to ensure you understand the concepts.

- Watch Chad's GC videos 1.1, 1.2, 1.3
- Take the associated quizzes at the end of each video

- Watch Chad's QR videos 1, 2
- Take the associated quizzes at the end of each video

To improve your reading skills, we're going to practice reading scientific passages every day. Pick an interesting science article to read. This is the best way to improve your reading skills for the Reading Comprehension section of the DAT. Visit this link for some recommended articles to read (bottom left of the page):

<http://datbootcamp.com/classroom/reading-comprehension/>

Day 2

- Reread CliffsAP Ch. 1 "Chemistry"
- Reread Barron's AP Biology Ch. 3 "Biochemistry"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- Watch Chad's GC videos 1.4, 1.5, 1.6
- Take the associated quizzes at the end of each video

- Watch Chad's QR videos 3, 4
- Take the associated quizzes at the end of each video

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 3

- Read CliffsAP Ch. 2 "Cells"
- Read Barron's AP Biology Ch. 4 "The Cell"

- Watch Chad's GC videos 2.1, 2.2, 2.3
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 5
- Take the associated quizzes at the end of each video

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 4

- Reread CliffsAP Ch. 2 "Cells"
- Reread Barron's AP Biology Ch. 4 "The Cell"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- Watch Chad's GC videos 2.4, 2.5
- Take the associated quizzes at the end of each video

- Watch Chad's QR videos 6, 7
- Take the associated quizzes at the end of each video

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 5

- Read CliffsAP Ch. 3 "Cellular Respiration"
- Read Barron's AP Biology Ch. 5 "Cell Respiration"

- Watch Chad's GC videos 3.1, 3.2, 3.3
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 8
- Take the associated quizzes at the end of each video

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 6

- Reread CliffsAP Ch. 3 "Cellular Respiration"
- Reread Barron's AP Biology Ch. 5 "Cell Respiration"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- Watch Chad's GC videos 3.4, 4.1, 4.2
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 9
- Take the associated quizzes at the end of each video

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 7

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.

Week 2, Day 8

- Read CliffsAP Ch. 4 "Photosynthesis"
- Read Barron's AP Biology Ch. 6 "Photosynthesis"

- Watch Chad's GC videos 4.3, 4.4, 4.5
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 10
- Take the associated quizzes at the end of each video

- [View the official instructions to the Keyhole section on the ADA's website.](#)
Keyhole instructions: Page 24

- [Watch this video on the keyhole section](#)

- [Start using DAT Bootcamp's Extra Keyhole Problems to improve your keyhole solving skills](#)

To help develop your perceptual ability skills, we're going to play the PAT Trainer Game daily. This is the best free practice you can get to train your perceptual ability. Try to beat my high score of 2.10! As you get better at this game, your ability to judge distances, parallel lines, and angles will greatly improve, ultimately helping you on the PAT section: [PAT Trainer Game](#)

- Note: The DAT will not ask any of these questions; this is just to improve your skills of judging distances, angles, etc.

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 9

- Reread CliffsAP Ch. 4 "Photosynthesis"
- Reread Barron's AP Biology Ch. 6 "Photosynthesis"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- Watch Chad's GC videos 5.01, 5.02, 5.03
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 11
- Take the associated quizzes at the end of each video

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 10

- Read CliffsAP Ch. 5 "Cell Division"
- Read Barron's AP Biology Ch. 7 "Cell Division"

- Watch Chad's GC videos 5.04, 5.05, 5.06
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 12
- Take the associated quizzes at the end of each video

- [View the official instructions to the Top Front End section on the ADA's website.](#)
TFE instructions: Page 28

- [Read the DAT Bootcamp TFE Tutorial](#)

- [Begin to practice with the TFE Visualizer](#)

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 11

- Reread CliffsAP Ch. 5 "Cell Division"
- Reread Barron's AP Biology Ch. 7 "Cell Division"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- Watch Chad's GC video 5.07
- Take the associated quiz at the end of the video

- Watch Chad's QR video 13
- Take the associated quizzes at the end of each video

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 12

- Read CliffsAP Ch. 6 "Heredity"
- Read Barron's AP Biology Ch. 8 "Heredity"

- Watch Chad's GC videos 5.08, 5.09, 5.10
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 14
- Take the associated quizzes at the end of each video

- [View the official instructions to the Angle Ranking section on the ADA's website.](#)
Angle ranking instructions: Page 33

- [Watch this video on the Angle Ranking section](#)

- [Start using DAT Bootcamp's Angle Ranking Generator to increase your angle ranking skills.](#)
 - Use as necessary throughout your study schedule until you feel confident in your angle ranking abilities.

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 13

- Reread CliffsAP Ch. 6 "Heredity"
- Reread Barron's AP Biology Ch. 8 "Heredity"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- Watch Chad's GC videos 6.1, 6.2, 6.3
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 15
- Take the associated quizzes at the end of each video

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 14

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.

Week 3, Day 15

- Read CliffsAP Ch. 7 "Molecular Genetics"
- Read Barron's AP Biology Ch. 9 "Molecular Basis of Inheritance"

- Watch Chad's GC videos 6.4, 6.5, 6.6, 6.7
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 16
- Take the associated quizzes at the end of each video

- [View the official instructions to the Hole Punching section on the ADA's website.](#)
Hole punching instructions: Page 38

- [Watch this video on the hole punching section of the PAT](#)

- [Watch this video on the line of symmetry \(LOS\) method for the hole punching section](#)

- [Start using DAT Bootcamp's Hole Punching Generator.](#)
 - Use as necessary throughout your study schedule until you feel confident in your hole punching abilities.

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 16

- Reread CliffsAP Ch. 7 "Molecular Genetics"
- Reread Barron's AP Biology Ch. 9 "Molecular Basis of Inheritance"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- Watch Chad's GC videos 7.1, 7.2, 7.3
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 17
- Take the associated quizzes at the end of each video

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 17

- Read CliffsAP Ch. 8 "Evolution"
- Read Barron's AP Biology Ch. 11 "Evolution"

- Watch Chad's GC videos 7.4, 7.5, 7.6
- Take the associated quizzes at the end of each video

- **Congrats, you've finished your GC review!**

- Watch Chad's QR video 18
- Take the associated quizzes at the end of each video

- [View the official instructions to the Cube Counting section on the ADA's website.](#)
Cube counting instructions: Page 43

- [Watch this video to learn how to beat the cube counting section](#)

- [Start using DAT Bootcamp's Cube Counting Generator.](#)
 - Use as necessary throughout your study schedule until you feel confident in your cube counting abilities.

- Play [PAT Trainer Game](#)

Day 18

Before you begin to watch Chad's OC videos, print out all the outlines, hole punch them, and place them in a binder. Include a few sheets of loose-leaf paper at the end of each section so you can take notes. **Take diligent notes as you watch the videos, copy the examples, and re-watch them if you need to clarify something.** Take the associated quiz after watching the video to ensure you understand the concepts.

- Reread CliffsAP Ch. 8 "Evolution"
- Reread Barron's AP Biology Ch. 11 "Evolution"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- Watch Chad's OC videos 1.1, 1.2
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 19
- Take the associated quizzes at the end of each video

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 19

- Read CliffsAP Ch. 9 "Biological Diversity"
- Read Barron's AP Biology Ch. 10 "Classification"

- Watch Chad's OC videos 1.3, 1.4, 1.5
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 20
- Take the associated quizzes at the end of each video

- [View the official instructions to the Pattern Folding section on the ADA's website.](#)
Pattern folding instructions: Page 48

- [Read this strategy post on the pattern folding section](#)

- [Watch this video to learn how to beat the pattern folding section](#)

- [Start using DAT Bootcamp's Pattern Folding Generator.](#)
 - Use as necessary throughout your study schedule until you feel confident in your pattern folding abilities.

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 20

- Reread CliffsAP Ch. 9 "Biological Diversity"
- Reread Barron's AP Biology Ch. 10 "Classification"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- Watch Chad's OC videos 1.6, 1.7
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 21
- Take the associated quizzes at the end of each video

- Take DAT Bootcamp PAT Test 8* (we're going to start with PAT Tests 6-10 and use PAT Tests 1-5 later with the full length exams, during the last 2 weeks of prep). Do not immediately review the solutions. Review the solutions the next study day when you are fresh, this will be a more effective way to prepare, it will be easier for you to see and understand your mistakes when you are not tired. Focus on learning the material and not the estimated score. Refer back to the test throughout the next week to review problems and solutions, be sure you understand every problem.

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 21

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.

Week 4, Day 22

- Read CliffsAP Ch. 10 "Plants"
- Read Barron's AP Biology Ch. 12 "Plants"

- Watch Chad's OC videos 2.1, 2.2, 2.3
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 22
- Take the associated quizzes at the end of each video

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 23

- Reread CliffsAP Ch. 10 "Plants"
- Reread Barron's AP Biology Ch. 12 "Plants"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- Watch Chad's OC videos 2.4, 2.5, 2.6
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 23
- Take the associated quizzes at the end of each video

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 24

- Read CliffsAP Ch. 11 "Animal Form and Function"
- Read Barron's AP Biology Ch. 13 "Animal Physiology"
- Read Barron's AP Biology Ch. 14 "Immune System"

- Watch Chad's OC videos 3.1, 3.2
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 24
- Take the associated quizzes at the end of each video

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 25

- Reread CliffsAP Ch. 11 "Animal Form and Function"
- Reread Barron's AP Biology Ch. 13 "Animal Physiology"
- Read Barron's AP Biology Ch. 14 "Immune System"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- Watch Chad's OC videos 3.3, 3.4, 3.5, 4.1
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 25
- Take the associated quizzes at the end of each video

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 26

- Read CliffsAP Ch. 12 "Animal Reproduction and Development"
- Read Barron's AP Biology Ch. 15 "Animal Reproduction"

- Watch Chad's OC videos 4.2, 4.3, 4.4, 4.5
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 26
- Take the associated quizzes at the end of each video

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 27

- Reread CliffsAP Ch. 12 "Animal Reproduction and Development"
- Reread Barron's AP Biology Ch. 15 "Animal Reproduction"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- Watch Chad's OC videos 4.6, 5.1
- Take the associated quizzes at the end of each video

- Watch Chad's QR video 27
- Take the associated quizzes at the end of each video

- **Congrats, you've finished your QR review!**

- Take DAT Bootcamp PAT Test 7* (we're going to start with PAT Tests 6-10 and use PAT Tests 1-5 later with the full length exams, during the last 2 weeks of prep). Do not immediately review the solutions. Review the solutions the next study day when you are fresh, this will be a more effective way to prepare, it will be easier for you to see and understand your mistakes when you are not tired. Focus on learning the material and not the estimated score. Refer back to the test throughout the next week to review problems and solutions, be sure you understand every problem.

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 28

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.

Study Schedule Part 2: Practicing the Material Week 5, Day 29

- Read CliffsAP Ch. 13 "Animal Behavior"
- Read Barron's AP Biology Ch. 17 "Animal Behavior"

- Watch Chad's OC videos 5.2, 5.3, 5.4, 5.5
- Take the associated quizzes at the end of each video

- Take Math Destroyer Test 1 untimed

- Take DAT Bootcamp General Chemistry Test 1

- Do DAT Destroyer General Chemistry problems: 1-24
 - **Note:** When working through DAT Destroyer and Math Destroyer, mark questions that you are unsure about and review them even if you get them right. Do these problems untimed; just try to get the right answer. When reviewing the problems you marked or got wrong, use your notes you took from Chad's videos and AP Biology review books to figure out the answer before looking at the solution, this is where real learning occurs.
 - **Note:** Newer editions of DAT Destroyer have more questions in them in the back of each section. The study schedule will not cover all of the questions since there are too many. If you use a newer edition, feel free to do the extra questions left out of the study schedule for extra practice.

****Read and follow this post about how to use DAT practice problems:**

<http://datbootcamp.com/blog/how-to-study-effectively-using-dat-practice-tests/>

DAT Destroyer and especially Math Destroyer are much harder than the real DAT. You may only get 50% of the problems right your first time through, this is OK. It's good practice to strengthen your science knowledge and math skills. If you're running out of time in your study schedule, you can skip the biology section of DAT Destroyer, but I still recommend it for practice.

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 30

- Reread CliffsAP Ch. 13 "Animal Behavior"
- Reread Barron's AP Biology Ch. 17 "Animal Behavior"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- Watch Chad's OC videos 5.6, 6.1, 6.2, 6.3
- Take the associated quizzes at the end of each video

- **Congrats, you've finished your OC review!**

- Take Math Destroyer Test 2 untimed
- Take DAT Bootcamp General Chemistry Test 2
- Do DAT Destroyer General Chemistry problems: 25-48
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 31

- Read CliffsAP Ch. 14 "Ecology"
- Read Barron's AP Biology Ch. 16 "Ecology"
- Take Math Destroyer Test 3 untimed
- Take DAT Bootcamp General Chemistry Test 3
- Do DAT Destroyer General Chemistry problems: 49-72
- Do DAT Destroyer Organic Chemistry problems: 1-27
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 32

- Reread CliffsAP Ch. 14 "Ecology"
- Reread Barron's AP Biology Ch. 16 "Ecology"
- Highlight, create notes, create flashcards if needed, and take the chapter assessment.

- **Congrats, you've finished your biology review!**

- Take Math Destroyer Test 4 untimed
- Take DAT Bootcamp General Chemistry Test 4
- Do DAT Destroyer General Chemistry problems: 73-96
- Do DAT Destroyer Organic Chemistry problems: 28-54
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 33

- Take the first multiple choice biology test in CliffsAP Biology
- Review your answers and make a list of topics you need to review
- Use your notes to review your topics and fill in the gaps of knowledge
- Take Math Destroyer Test 5 untimed
- Take DAT Bootcamp General Chemistry Test 5
- Do DAT Destroyer General Chemistry problems: 97-120
- Do DAT Destroyer Organic Chemistry problems: 55-81
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 34

- Take DAT Bootcamp PAT Test 8* (we're going to start with PAT Tests 6-10 and use PAT Tests 1-5 later with the full length exams, during the last 2 weeks of prep). Do not immediately review the solutions. Review the solutions the next study day when you are fresh, this will be a more effective way to prepare, it will be easier for you to see and understand your mistakes when you are not tired. Focus on learning the material and not the estimated score. Refer back to the test throughout the next week to review problems and solutions, be sure you understand every problem.

- Take the second multiple choice biology test in CliffsAP Biology
- Review your answers and make a list of topics you need to review
- Use your notes to review your topics and fill in the gaps of knowledge

- Take Math Destroyer Test 6 untimed

- Do DAT Destroyer General Chemistry problems: 121-144
- Do DAT Destroyer Organic Chemistry problems: 82-108

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 35

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.

Week 6, Day 36

- Take Math Destroyer Test 7 untimed
- Take DAT Bootcamp Biology Test 1
- Do DAT Destroyer Biology problems: 1-27
- Do DAT Destroyer General Chemistry problems: 145-168
- Do DAT Destroyer Organic Chemistry problems: 109-135
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 37

- Take Math Destroyer Test 8 untimed
- Take DAT Bootcamp Biology Test 2
- Do DAT Destroyer Biology problems: 28-54
- Do DAT Destroyer General Chemistry problems: 169-192
- Do DAT Destroyer Organic Chemistry problems: 136-162
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 38

- Take Math Destroyer Test 9 untimed
- Take DAT Bootcamp Biology Test 3
- Do DAT Destroyer Biology problems: 55-81
- Do DAT Destroyer General Chemistry problems: 193-216
- Do DAT Destroyer Organic Chemistry problems: 163-189
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 39

- Take Math Destroyer Test 10 untimed
- Take DAT Bootcamp Biology Test 4
- Do DAT Destroyer Biology problems: 82-108
- Do DAT Destroyer General Chemistry problems: 217-240
- Do DAT Destroyer Organic Chemistry problems: 190-216
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 40

- Take Math Destroyer Test 11 untimed
- Take DAT Bootcamp Biology Test 5
- Do DAT Destroyer Biology problems: 109-135
- Do DAT Destroyer General Chemistry problems: 241-264
- Do DAT Destroyer Organic Chemistry problems: 217-243
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 41

- Take DAT Bootcamp PAT Test 9* (we're going to start with PAT Tests 6-10 and use PAT Tests 1-5 later with the full length exams, during the last 2 weeks of prep). Do not immediately review the solutions. Review the solutions the next study day when you are fresh, this will be a more effective way to prepare, it will be easier for you to see and understand your mistakes when you are not tired. Focus on learning the material and not the estimated score. Refer back to the test throughout the next week to review problems and solutions, be sure you understand every problem.
- Take Math Destroyer Test 12 untimed
 - **Congrats, you've finished Math Destroyer for the first time!**
- Do DAT Destroyer Biology problems: 136-162
- Do DAT Destroyer General Chemistry problems: 265-297
 - **Congrats, you've finished DAT Destroyer GC for the first time!**
- Do DAT Destroyer Organic Chemistry problems: 244-271
 - **Congrats, you've finished DAT Destroyer OC for the first time!**
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 42

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.

Week 7, Day 43

- Take Math Destroyer Test 1 timed (45 minutes)
- Take DAT Bootcamp Organic Chemistry Test 1
- Do DAT Destroyer Biology problems: 163-189
- Do DAT Destroyer General Chemistry problems timed (25 minutes): 1-24
- Do DAT Destroyer Organic Chemistry problems timed (30 minutes): 1-27
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 44

- Take Math Destroyer Test 2 timed (45 minutes)
- Take DAT Bootcamp Organic Chemistry Test 2
- Do DAT Destroyer Biology problems: 190-216
- Do DAT Destroyer General Chemistry problems timed (25 minutes): 25-48
- Do DAT Destroyer Organic Chemistry problems timed (30 minutes): 28-54
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 45

- Take Math Destroyer Test 3 timed (45 minutes)
- Take DAT Bootcamp Organic Chemistry Test 3
- Do DAT Destroyer Biology problems: 217-243
- Do DAT Destroyer General Chemistry problems timed (25 minutes): 49-72
- Do DAT Destroyer Organic Chemistry problems timed (30 minutes): 55-81
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 46

- Take Math Destroyer Test 4 timed (45 minutes)
- Take DAT Bootcamp Organic Chemistry Test 4
- Do DAT Destroyer Biology problems: 244-270
- Do DAT Destroyer General Chemistry problems timed (25 minutes): 73-96
- Do DAT Destroyer Organic Chemistry problems timed (30 minutes): 82-108
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 47

- Take Math Destroyer Test 5 timed (45 minutes)
- Take DAT Bootcamp Organic Chemistry Test 5
- Do DAT Destroyer Biology problems: 271-297
- Do DAT Destroyer General Chemistry problems timed (25 minutes): 97-120
- Do DAT Destroyer Organic Chemistry problems timed (30 minutes): 109-135
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 48

- Take DAT Bootcamp PAT Test 10* (we're going to start with PAT Tests 6-10 and use PAT Tests 1-5 later with the full length exams, during the last 2 weeks of prep). Do not immediately review the solutions. Review the solutions the next study day when you are fresh, this will be a more effective way to prepare, it will be easier for you to see and understand your mistakes when you are not tired. Focus on learning the material and not the estimated score. Refer back to the test throughout the next week to review problems and solutions, be sure you understand every problem.
- Take Math Destroyer Test 6 timed (45 minutes)
- Do DAT Destroyer Biology problems: 298-324
- Do DAT Destroyer General Chemistry problems timed (25 minutes): 121-144
- Do DAT Destroyer Organic Chemistry problems timed (30 minutes): 136-162
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 49

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.

Week 8, Day 50

- Take Math Destroyer Test 7 timed (45 minutes)
- Take DAT Bootcamp Quantitative Reasoning Test 6* (we're going to start with QR Tests 6-10 and use QR Tests 1-5 later with the full length exams, during the last 2 weeks of prep).
- Do DAT Destroyer Biology problems: 325-351
- Do DAT Destroyer General Chemistry problems timed (25 minutes): 145-168
- Do DAT Destroyer Organic Chemistry problems timed (30 minutes): 163-189
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 51

- Take Math Destroyer Test 8 timed (45 minutes)
- Take DAT Bootcamp Quantitative Reasoning Test 7* (we're going to start with QR Tests 6-10 and use QR Tests 1-5 later with the full length exams, during the last 2 weeks of prep).
- Do DAT Destroyer Biology problems: 352-378
- Do DAT Destroyer General Chemistry problems timed (25 minutes): 169-192
- Do DAT Destroyer Organic Chemistry problems timed (30 minutes): 190-216
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 52

- Take Math Destroyer Test 9 timed (45 minutes)
- Take DAT Bootcamp Quantitative Reasoning Test 8* (we're going to start with QR Tests 6-10 and use QR Tests 1-5 later with the full length exams, during the last 2 weeks of prep).
- Do DAT Destroyer Biology problems: 379-405
- Do DAT Destroyer General Chemistry problems timed (25 minutes): 193-216
- Do DAT Destroyer Organic Chemistry problems timed (30 minutes): 217-243
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 53

- Take Math Destroyer Test 10 timed (45 minutes)
- Take DAT Bootcamp Quantitative Reasoning Test 9* (we're going to start with QR Tests 6-10 and use QR Tests 1-5 later with the full length exams, during the last 2 weeks of prep).
- Do DAT Destroyer Biology problems: 406-432
- Do DAT Destroyer General Chemistry problems timed (25 minutes): 217-240
- Do DAT Destroyer Organic Chemistry problems timed (30 minutes): 244-271
- **Congrats, you've finished DAT Destroyer OC! (Newer versions of DAT Destroyer may have more questions. You can use these questions as extra practice if you like, but they're not necessary to complete).**
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 54

- Take Math Destroyer Test 11 timed (45 minutes)
- Take DAT Bootcamp Quantitative Reasoning Test 10* (we're going to start with QR Tests 6-10 and use QR Tests 1-5 later with the full length exams, during the last 2 weeks of prep).
- Do DAT Destroyer Biology problems: 433-459
- Do DAT Destroyer General Chemistry problems timed (25 minutes): 241-264
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 55

- Take Math Destroyer Test 12 timed (45 minutes)
 - **Congrats, you've finished Math Destroyer! (Newer versions of Math Destroyer may have more tests. You can use these tests as extra practice if you like, but they're not necessary to complete).**
- Do DAT Destroyer Biology problems: 460-486
 - **Congrats, you've finished DAT Destroyer Biology! (Newer versions of DAT Destroyer may have more questions. You can use these questions as extra practice if you like, but they're not necessary to complete).**
- Do DAT Destroyer General Chemistry problems timed (35 minutes): 265-297
 - **Congrats, you've finished DAT Destroyer GC! (Newer versions of DAT Destroyer may have more questions. You can use these questions as extra practice if you like, but they're not necessary to complete).**
- Play [PAT Trainer Game](#)
- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 56

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.

Week 9, Day 57

Visit this link to see exactly what the real DAT will actually look and feel like: <https://www.prometric.com/ClientFiles/ada/DAT/index.htm>

Take DAT Bootcamp Full Length Test 1
<http://datbootcamp.com/classroom/full-length/>

Thoroughly review all the solutions and answers. Review all the questions you either marked or missed with your notes (most important), Chad's videos, CliffsAP Biology, Feralis Biology notes, Wikipedia, Khan Academy, and YouTube videos. **Be sure to follow this blog post when completing DAT practice questions:**
<http://datbootcamp.com/blog/how-to-study-effectively-using-dat-practice-tests/>

Play [PAT Trainer Game](#)

Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 58

Take DAT Bootcamp Full Length Test 2

<http://datbootcamp.com/classroom/full-length/>

Thoroughly review all the solutions and answers. Review all the questions you either marked or missed with your notes (most important), Chad's videos, CliffsAP Biology, Feralis Biology notes, Wikipedia, Khan Academy, and YouTube videos. **Be sure to follow this blog post when completing DAT practice questions:**

<http://datbootcamp.com/blog/how-to-study-effectively-using-dat-practice-tests/>

Play [PAT Trainer Game](#)

Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 59

Take DAT Bootcamp Full Length Test 3

<http://datbootcamp.com/classroom/full-length/>

Thoroughly review all the solutions and answers. Review all the questions you either marked or missed with your notes (most important), Chad's videos, CliffsAP Biology, Feralis Biology notes, Wikipedia, Khan Academy, and YouTube videos. **Be sure to follow this blog post when completing DAT practice questions:**

<http://datbootcamp.com/blog/how-to-study-effectively-using-dat-practice-tests/>

Play [PAT Trainer Game](#)

Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 60

- Take DAT Bootcamp Full Length Test 4

<http://datbootcamp.com/classroom/full-length/>

Thoroughly review all the solutions and answers. Review all the questions you either marked or missed with your notes (most important), Chad's videos, CliffsAP Biology, Feralis Biology notes, Wikipedia, Khan Academy, and YouTube videos. **Be sure to follow this blog post when completing DAT practice questions:**

<http://datbootcamp.com/blog/how-to-study-effectively-using-dat-practice-tests/>

- Play [PAT Trainer Game](#)

- Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 61

Take DAT Bootcamp Full Length Test 5

<http://datbootcamp.com/classroom/full-length/>

- **Congrats, you've finished DAT Bootcamp!**

Thoroughly review all the solutions and answers. Review all the questions you either marked or missed with your notes (most important), Chad's videos, CliffsAP Biology, Feralis Biology notes, Wikipedia, Khan Academy, and YouTube videos. **Be sure to follow this blog post when completing DAT practice questions:**

<http://datbootcamp.com/blog/how-to-study-effectively-using-dat-practice-tests/>

Play [PAT Trainer Game](#)

Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 62

Review the topics and subjects you need to. Focus on reviewing and strengthening your weaknesses.

Read a science article: <http://datbootcamp.com/classroom/reading-comprehension/>

Day 63

REST DAY

Use today to **review your notes**, make flashcards, and quiz yourself. You can also use Quizlet for a bunch of premade flashcards by other pre-dental students, try searching "DAT biology" or "DAT chemistry": <http://quizlet.com/subject>

You can also use today to catch up on things you're behind in. Afterwards, relax and hang out with friends and family to ensure you don't go insane.

Week 10, Day 64

Take the full-length 2007 DAT: [http://www.ada.org/~media/ADA/Education and Careers/Files/dat_test_sampleitems.ashx](http://www.ada.org/~media/ADA/Education%20and%20Careers/Files/dat_test_sampleitems.ashx)

[Use this conversion chart to convert your raw score into the standard score.](#)
This score is very likely to be close to what you'll score on the real DAT.

Review your answers to the 2007 test using DAT Bootcamp's solution guide to the 2007 DAT: <http://datbootcamp.com/blog/2007-dat-practice-test-solutions/>

Day 65

Take the full-length 2009 DAT

- [Read why I suggest getting the paper version.](#)

The 2009 conversion chart is no longer supplied, but in general you can add 1 point to each of your science scores since they are a bit harder (use the 2007 conversion chart above). This score will be close to what you'll score on the real DAT.

Are you ready to take the DAT or should you postpone? Read this post: <http://datbootcamp.com/blog/when-am-i-ready-to-take-the-dat/>

Day 66

REST DAY. Nothing more than a light review. Do something enjoyable and be sure to go to sleep early.

Day 67

TEST DAY

Good luck! You've studied hard and know the material. Go ace the DAT!