

Curriculum Map for Exercise Science 2010-2011

FIRST YEAR COURSE SCHEDULE							
<input type="checkbox"/>	Fall Semester	Code	Credits	<input type="checkbox"/>	Spring Semester	Code	Credits
	ENG 110 Core Writing I	G	3		MATH 123, 131, 135, 152, 174, or 175	G	3
	FYS Integrated First Year Seminar	G	3		ENG 120 Core Writing II	G	3
	Physical Science	G	3		Humanities (1)	G	3
	HPE 160 Foundations of Health and PE	R	3		PHED 205 Lifetime Fitness	R	3
	CMSP 130 Oral Communication	G	3		Life Science I; Exchange BIO 234 Human Anatomy	G	3
Total Credit Hours			15	Total Credit Hours			15

SECOND YEAR COURSE SCHEDULE							
<input type="checkbox"/>	Fall Semester	Code	Credits	<input type="checkbox"/>	Spring Semester	Code	Credits
	Social and Behavioral Sciences (I) PSY 154 recommend	G	3		Humanities (2)	G	3
	Social and Behavioral Sciences (II) HLTH 151	G	3		BIO 235 Human Physiology	R	3
	PHED 220, Athletic Training	R	3		HLTH 206 Principles of Nutrition	R	3
	HLTH 203 Safety and First Aid	R	3		SCI 103 or PHY 202	R	3
	CHEM 101 or CHEM 111	R	4		Elective (1)	E	3
			16				15

<input type="checkbox"/>	Fall Semester	Code	Credits	<input type="checkbox"/>	Spring Semester	Code	Credits
	HLTH 310 Health and Wellness Promotion	R,U	3		PHED 326 Exercise Program Leadership	R,U	3
	PHED 306, Functional Anatomy/Biomechanics	R, U	3		PHED 424 Intro to Therapeutic Exercise	R,U	3
	PHED 315 Motor Development/Motor Learning	R, U	3		PHED 432 Physiology of Exercise	R, U	3
	PHED 332 Prin of Strength and Conditioning	R, U	3		PHED 301 Evaluations in Physical Education	R,U	3
	Elective (2)	E	3		PHED 450, Planning or Managing Exercise Programs	R, U	3
			15				15

FOURTH YEAR COURSE SCHEDULE							
<input type="checkbox"/>	Fall Semester	Code	Credits	<input type="checkbox"/>	Spring Semester	Code	Credits
	PHED 423 Exercise Management of Special Populations	R, U	3		<i>PHED 453B or PHED 453C Internship</i>	R, U	3
	PHED 441 Exercise Testing and Prescription	R, U	4		Elective (300 level or above) (5)	E	3
	PHED 453 A or PHED C Internship	R, U	3		Elective (300 level or higher is required) (6)	E	3
	Elective (3)	E	3		Elective (7)	E	3
	Elective (4)	E	1		General Education Capstone PHED 499D Senior Capstone	G, U	3
			14				15

120 Credit Hour

NOTE: If you are required to complete any developmental courses, you may not be able to complete the degree in four years. This curriculum map assumes that you have not transferred in any previously completed college level courses.