

Tsneem Hamed Salem Mbydeen

Home Address

Amman Jordan

Contact Information

Cell Phone: +962 795290257
tsneemmbydeen@gmail.com

Education

2009- 2015 Mutah University School of Medicine Al Karak, Jordan,

Bachelor of Medicine, Bachelor of Surgery, general average of 76.3% and overall assessment of 'Very good'

Honors and Awards

2015 Representative (one of the top 10 of my class) of Mutah University/ Faculty of Medicine in the first national workshop on Evidence Based Medicine for Jordanian medical students

- 2013 Member of the University of Mutah Medical Research Club
- 2010 Faculty of Medicine's honor list
- 2009 Faculty of Medicine's honor list
- 2009 Class Valedictorian with the second highest average in my governorate
- 1998-2009 Star Student Award
- 2007 Silver Medal in the Jordanian High Schools' Basketball Championship
- 2004 One of Jordan's five representative in Cairo's International Film Festival for Children

Certifications

- 2017 USMLE STEP 1: 232
- 2018 USMLE STEP 2 CK: 224
- 2019 USMLE STEP 2 CS: pass
- 2018 TOEFL iBT: 107
- 2019 ECFMG certified

Research Experience

- 2017-2017 Research assistant, "Gender and Adolescence Global Evidence" / Overseas Development Institute, Amman, Jordan, UK.
- 2015-2016 Research assistant, "Nutrition Transition and Body Image Concerns among College Students" project, supervised by Prof. Hala Madanat at San Diego State University/ Institute for Behavioral and Community Health/ International research involving 4 countries.
- 2013-2016 Research assistant, "Repeat Cesarean Section Maternal and Neonatal Mortality and Morbidity Research" project, supervised by Dr. Moamar Al- Jefout at Al-Karak Governmental Hospital, Al-Karak, Jordan.

US Clinical Experience

- 2014-2014 Intern at the Department of Ophthalmology, Edward Harkness Eye Institute/ Columbia University, New York, USA.
Taking history from patients, performing physical exams, attending grand rounds and clinics.

2014-2014 Intern at the Department of Psychiatry/ Consultation Liaison, Montefiore Hospital/ Albert Einstein University, New York, USA.

Taking history from patients, performing mental state exams, writing patient notes, presenting articles in literature reviews and teaching sessions.

Work Experience

2019-Present Resident doctor, Arab Medical Center, Amman, Jordan.
Providing medical care for patients under consultants' supervision.

2017-2018 Fellow clinical tutor, St George's University/School of Medicine, St George's, Grenada.
Supervision of small group sessions and teaching lab sessions for the medical students, serving in the University Health Clinic, the General Hospital, and the community health fairs

2016-2017 Medical doctor, Medecins Sans Frontieres, Al-Ramtha, Jordan.
Providing medical care in a mass-casualty emergency hospital for war-wounded refugees.

2016-2016 Medical doctor, International Rescue Committee, AL-Zarqa, Jordan.
Providing medical care in a primary health clinic in Al-Zaatari refugee camp for Syrian refugees.

2016-2016 Medical interpreter, Medecins Sans Frontieres, Rukban, Jordan.
Providing medical care for Syrian refugees at the Syrian - Jordanian borders in an emergency mission.

2015-2016 Clinical intern, Al -Karak and Al-Baqaa Governmental Hospitals, Al-Karak/ Al-Baqaa, Jordan.
Mandatory internship. Rotating intern in Medicine, Surgery, Pediatrics, Obstetrics & Gynecology and Emergency Medicine in tertiary hospitals.

2015-2016 Medical basic sciences tutor, Jabal Al-Qusour Center, Amman, Jordan. Teaching various medical basic sciences to students from various medical disciplines.

2015-2016 English teacher, Middle East Academy, Amman, Jordan.
Teaching English, IELTS and TOEFL exams, preparing the educational material and assessment exams, PR tasks.

Extracurricular Activities

2018 Harvard Medical School, Boston, Massachusetts
Online 8 CME course "Understanding Addiction" certification

2017 Atlantic Humanitarian Relief Massachusetts/Michigan, USA.
Volunteering with the psychosocial and medical team to provide medical services for Syrian refugees in Jordan

- 2016 Common Bond Institute/ Department of Psychiatry in Michigan State University, Michigan, USA.
Participated in the Fifth Annual Transgenerational Trauma Conference in Jordan with the theme of refugees and other transgenerational traumas across the globe.
- 2015 Common Bond Institute/ Department of Psychiatry in Michigan State University, Michigan, USA.
Organizer in the Fourth Annual Transgenerational Trauma Conference in Jordan with the theme of refugees and other transgenerational traumas across the globe.
- 2015 National Arab American Medical Association, Atlantic Humanitarian Relief and Common Bond Institute, Amman/Jarash/Irbid/ Al-Zarqa, Jordan.
Volunteering with the psychosocial and medical team to provide medical services for Syrian refugees
- 2014-2015 Leading around 800 medical students, 35 Projects were accomplished in: Medical Education, Reproductive Health & AIDS, Professional Exchange, Public Health, Research Exchange and Human Rights & Peace, abiding by IFMSA's constitution and bylaw, representing our Local Committee in meetings and assemblies.
- 2012-2014 Local Officer on Medical Education (founder), International Federation of Medical Students' Association, Al-Karak, Jordan.
Establishing the Standing Committee on Medical Education, leading around 60 medical students, improving medical education through around 15 projects.
- 2014 International Federation of Medical Students' Association, Al-Karak, Jordan.
Participated in Mutah University's Ethics of Research Day.
- 2014 International Federation of Medical Students' Association/ 6th National General Assembly, Irbid, Jordan.
Participated in "Local Committee Management" training sessions.
- 2014 International Federation of Medical Students' Association/ 6th National General Assembly, Irbid, Jordan.
Participated in "Executive Board/ Presidents" training sessions.
- 2013 International Federation of Medical Students' Association/ 4th National General Assembly, Irbid, Jordan.
Participated in "Standing Committee on Medical Education" training sessions.
- 2013 International Federation of Medical Students' Association, Al-Karak, Jordan.
Participated in "Free Medical Day" project, fundraising, organizing and providing medical care.
- 2012-2015 International Federation of Medical Students' Association, Al-Karak/Amman, Jordan.
Participated as a leader, organizing committee and volunteer in 20 projects, workshops and conferences in addition to my official positions.

Professional Organizations

- 2015-Present Jordanian Atherosclerosis and Hypertension Association.

Biographical Data

Date of Birth: May 11, 1991

Place of Birth: Abu Dhabi, United Arab Emirates

Citizenship: Jordan

Languages Spoken

Arabic, Proficiency Level: Fluent

English, Proficiency Level: Fluent

French, Proficiency Level: Intermediate

Computer Skills

MS Office, SPSS

Outside Interests

Fashion, human rights and peace, contemporary and ballroom dancing, running and reading.