



# Eosinophilic Esophagitis

## Clinical Presentation



### Young Children

Food refusal  
Texture aversion  
Vomiting with meals



### Older Children

Abdominal pain  
Vomiting



### Young Adults

Dysphagia  
Food impaction

## Diagnosis

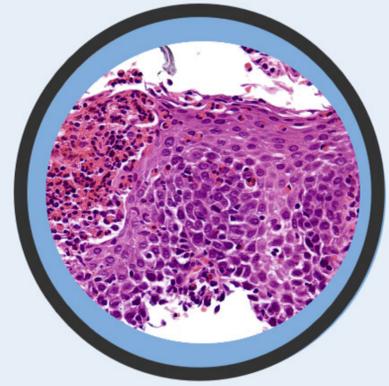


### Clinical Symptoms



### Endoscopy

Linear furrows  
Esophageal rings  
Possible strictures



### Biopsy

15 eosinophils per high power field in proximal and distal esophagus  
Absent in stomach

## Management



### Proton Pump Inhibitor

Twice Daily  
For diagnosis & management of PPI responsive EoE



### Topical Steroids

Swallowed, not inhaled  
I.e. fluticasone



### Dietary Modifications

Milk, wheat, soy, eggs, nuts, fish



### Dilation

If strictures are present