

| MCAT STUDY SCHEDULE               |           |        |                       |                       |
|-----------------------------------|-----------|--------|-----------------------|-----------------------|
| SUMMER (10 weeks: May 15–July 21) |           |        |                       |                       |
| DAY                               |           | DATE   | BLOCK I (4 hrs)       | BLOCK II (4 hrs)      |
| 1                                 | Monday    | 15-May | SCHOOL                | BSC CHAPTER 1         |
| 2                                 | Tuesday   | 16-May | BCH CHAPTER 1         | CHM CHAPTER 1         |
| 3                                 | Wednesday | 17-May | SCHOOL                | OCH CHAPTER 1         |
| 4                                 | Thursday  | 18-May | PHY CHAPTER 1         | PSY CHAPTER 1         |
| 5                                 | Friday    | 19-May | CARS CHAPTER 1        | WORK                  |
| 6                                 | Saturday  | 20-May | BSC CHAPTER 2         | WORK                  |
| 7                                 | Sunday    | 21-May | REST/SCIENCE JOURNALS | REST/SCIENCE JOURNALS |
| 8                                 | Monday    | 22-May | SCHOOL                | BCH CHAPTER 2         |
| 9                                 | Tuesday   | 23-May | CHM CHAPTER 2         | OCH CHAPTER 2         |
| 10                                | Wednesday | 24-May | SCHOOL                | PHY CHAPTER 2         |
| 11                                | Thursday  | 25-May | PSY CHAPTER 2         | CARS CHAPTER 2        |
| 12                                | Friday    | 26-May | BSC CHAPTER 3         | WORK                  |
| 13                                | Saturday  | 27-May | BCH CHAPTER 3         | WORK                  |
| 14                                | Sunday    | 28-May | REST/SCIENCE JOURNALS | REST/SCIENCE JOURNALS |
| 15                                | Monday    | 29-May | SCHOOL                | CHM CHAPTER 3         |
| 16                                | Tuesday   | 30-May | OCH CHAPTER 3         | PHY CHAPTER 3         |
| 17                                | Wednesday | 31-May | SCHOOL                | PSY CHAPTER 3         |
| 18                                | Thursday  | 1-Jun  | CARS CHAPTER 3        | BSC CHAPTER 4         |
| 19                                | Friday    | 2-Jun  | BCH CHAPTER 4         | WORK                  |
| 20                                | Saturday  | 3-Jun  | CHM CHAPTER 4         | WORK                  |
| 21                                | Sunday    | 4-Jun  | REST/SCIENCE JOURNALS | REST/SCIENCE JOURNALS |
| 22                                | Monday    | 5-Jun  | SCHOOL                | OCH CHAPTER 4         |
| 23                                | Tuesday   | 6-Jun  | PHY CHAPTER 4         | PSY CHAPTER 4         |
| 24                                | Wednesday | 7-Jun  | SCHOOL                | CARS CHAPTER 4        |
| 25                                | Thursday  | 8-Jun  | BSC CHAPTER 5         | BCH CHAPTER 5         |
| 26                                | Friday    | 9-Jun  | CHM CHAPTER 5         | WORK                  |
| 27                                | Saturday  | 10-Jun | OCH CHAPTER 5         | WORK                  |
| 28                                | Sunday    | 11-Jun | REST/SCIENCE JOURNALS | REST/SCIENCE JOURNALS |
| 29                                | Monday    | 12-Jun | SCHOOL                | PHY CHAPTER 5         |
| 30                                | Tuesday   | 13-Jun | PSY CHAPTER 5         | CARS CHAPTER 5        |
| 31                                | Wednesday | 14-Jun | SCHOOL                | BSC CHAPTER 6         |
| 32                                | Thursday  | 15-Jun | BCH CHAPTER 6         | CHM CHAPTER 6         |
| 33                                | Friday    | 16-Jun | OCH CHAPTER 6         | WORK                  |
| 34                                | Saturday  | 17-Jun | PHY CHAPTER 6         | WORK                  |
| 35                                | Sunday    | 18-Jun | REST/SCIENCE JOURNALS | REST/SCIENCE JOURNALS |
| 36                                | Monday    | 19-Jun | SCHOOL                | PSY CHAPTER 6         |
| 37                                | Tuesday   | 20-Jun | CARS CHAPTER 6        | BSC CHAPTER 7         |
| 38                                | Wednesday | 21-Jun | SCHOOL                | BCH CHAPTER 7 (END)   |
| 39                                | Thursday  | 22-Jun | CHM CHAPTER 7         | OCH CHAPTER 7 (END)   |

|    |           |        |                       |                       |
|----|-----------|--------|-----------------------|-----------------------|
| 40 | Friday    | 23-Jun | PHY CHAPTER 7         | WORK                  |
| 41 | Saturday  | 24-Jun | PSY CHAPTER 7         | WORK                  |
| 42 | Sunday    | 25-Jun | REST/SCIENCE JOURNALS | REST/SCIENCE JOURNALS |
| 43 | Monday    | 26-Jun | SCHOOL                | CARS CHAPTER 7        |
| 44 | Tuesday   | 27-Jun | BSC CHAPTER 8         | CHM CHAPTER 8         |
| 45 | Wednesday | 28-Jun | SCHOOL                | PHY CHAPTER 8         |
| 46 | Thursday  | 29-Jun | PSY CHAPTER 8 (END)   | CARS CHAPTER 8        |
| 47 | Friday    | 30-Jun | BSC CHAPTER 9         | WORK                  |
| 48 | Saturday  | 1-Jul  | CHM CHAPTER 9         | WORK                  |
| 49 | Sunday    | 2-Jul  | REST/SCIENCE JOURNALS | REST/SCIENCE JOURNALS |
| 50 | Monday    | 3-Jul  | SCHOOL                | PHY CHAPTER 9         |
| 51 | Tuesday   | 4-Jul  | CARS CHAPTER 9 (END)  | BSC CHAPTER 10        |
| 52 | Wednesday | 5-Jul  | SCHOOL                | CHM CHAPTER 10        |
| 53 | Thursday  | 6-Jul  | PHY CHAPTER 10        | BSC CHAPTER 11        |
| 54 | Friday    | 7-Jul  | CHM CHAPTER 11        | WORK                  |
| 55 | Saturday  | 8-Jul  | PHY CHAPTER 11        | WORK                  |
| 56 | Sunday    | 9-Jul  | REST/SCIENCE JOURNALS | REST/SCIENCE JOURNALS |
| 57 | Monday    | 10-Jul | SCHOOL                | BSC CHAPTER 12        |
| 58 | Tuesday   | 11-Jul | CHM CHAPTER 12        | PHY CHAPTER 12        |
| 59 | Wednesday | 12-Jul | SCHOOL                | BSC CHAPTER 13 (END)  |
| 60 | Thursday  | 13-Jul | CHM CHAPTER 13        | PHY CHAPTER 13        |
| 61 | Friday    | 14-Jul | CHM CHAPTER 14 (END)  | WORK                  |
| 62 | Saturday  | 15-Jul | PHY CHAPTER 14 (END)  | WORK                  |
| 63 | Sunday    | 16-Jul | REST/SCIENCE JOURNALS | REST/SCIENCE JOURNALS |
| 64 | Monday    | 17-Jul | SCHOOL/EXAMS          | SCHOOL/EXAMS          |
| 65 | Tuesday   | 18-Jul | SCHOOL/EXAMS          | SCHOOL/EXAMS          |
| 66 | Wednesday | 19-Jul | HOLIDAYS              | HOLIDAYS              |

#### Daily Tasks:

- 1) Make Review Packets (1 hour review, 1 hour packet)
- 2) Make Anki Flash Cards (1 hour max)

#### Fall Semester

Classes and Content Review  
Flashcards

#### First Month+:

Content Review  
Question Bank

#### Second/Third month+:

Practice tests and Review  
1 - Take Test in realistic environment  
2 - Review Test and highlight concepts  
3 - Review concepts  
4 - Review concepts cont./rest

#### Winter Break

Content Review (2wks)  
Practice Test (2wks)

#### Tests

- 1) 3 AAMC FL
- 2) 3 TPR FL
- 3) Kaplan
- 4) <https://www.reddit.com/r/Mcat/wiki/mcat2015faq/practiceexams>

| MCAT STUDY SCHEDULE           |           |            |           |            |             |            |
|-------------------------------|-----------|------------|-----------|------------|-------------|------------|
| FALL (16 weeks: AUG 21–DEC 7) |           |            |           |            |             |            |
| Time                          | Monday    | Tuesday    | Wednesday | Thursday   | Friday      | Saturday   |
| 8                             |           | BCH        |           | BCH        |             |            |
| 9                             |           | 8-9:15     |           | 8-9:15     |             |            |
| 10                            |           |            |           | BCHL       |             | Q-BANKS    |
| 11                            | RESEARCH  |            | RESEARCH  | 9:30-1:20  | BCHL        | EL-Library |
| 12                            | 11--3     | PCBL       | 11--3     |            | 11-11:50 AM | 10--3      |
| 1                             |           | 12:30-3:20 |           |            |             |            |
| 2                             |           | RESEARCH   |           |            |             |            |
| 3                             | CHM       | 4--6       | CHM       |            |             |            |
| 4                             | 3:30-4:45 |            | 3:30-4:45 | Q-BANKS    |             |            |
| 5                             | RESEARCH  |            | RESEARCH  | EL-Library | WORK        | WORK       |
| 6                             | GMS       | GMS        | GMS       | 4--8       | 5--10       | 5--10      |
| 7                             | 6:30-9    | 6:30-9     | 6:30-9    |            |             |            |
| 8                             |           |            |           |            |             |            |
| 9                             |           |            |           |            |             |            |
| 10                            |           |            |           |            |             |            |

TODO:      1. Study Content                      4.TPR Hyperlearning                      7. M Prep Q-bank  
               2. Anki                                      5. EK1001  
               3.Khan Academy Q-bank              6. Gold Standard Q-Bank

| WINTER BREAK (4 weeks: DEC 10–JAN 6) |           |        |                               |                         |
|--------------------------------------|-----------|--------|-------------------------------|-------------------------|
| DAY                                  |           | DATE   | BLOCK I (4 hrs)               | BLOCK II (4 hrs)        |
| 1                                    | Monday    | 11-Dec | Section Bank 1 (1/2)          | CARS 10 Passages        |
| 2                                    | Tuesday   | 12-Dec | Review Section Bank 1 (1/2)   | Review CARS 10 Passages |
| 3                                    | Wednesday | 13-Dec | REST                          | REST                    |
| 4                                    | Thursday  | 14-Dec | Section Bank 1 (2/2)          | CARS 10 Passages        |
| 5                                    | Friday    | 15-Dec | Review Section Bank 1 (2/2)   | Review CARS 10 Passages |
| 6                                    | Saturday  | 16-Dec | TPR FL 1                      | TPR FL 1                |
| 7                                    | Sunday    | 17-Dec | CHURCH                        | REVIEW FL 1             |
| 8                                    | Monday    | 18-Dec | Section Bank 2 (1/2)          | CARS 10 Passages        |
| 9                                    | Tuesday   | 19-Dec | Review Section Bank 1 (1/2)   | Review CARS 10 Passages |
| 10                                   | Wednesday | 20-Dec | REST                          | REST                    |
| 11                                   | Thursday  | 21-Dec | Section Bank 2 (2/2)          | CARS 10 Passages        |
| 12                                   | Friday    | 22-Dec | Review Section Bank 1 (2/2)   | Review CARS 10 Passages |
| 13                                   | Saturday  | 23-Dec | TPR FL 2                      | TPR FL 2                |
| 14                                   | Sunday    | 24-Dec | CHURCH                        | REVIEW FL 2             |
| 15                                   | Monday    | 25-Dec | Section Bank 3 (1/2)          | CARS 10 Passages        |
| 16                                   | Tuesday   | 26-Dec | Review Section Bank 1 (1/2)   | Review CARS 10 Passages |
| 17                                   | Wednesday | 27-Dec | REST                          | REST                    |
| 18                                   | Thursday  | 28-Dec | Section Bank 3 (2/2)          | CARS 10 Passages        |
| 19                                   | Friday    | 29-Dec | Review Section Bank 1 (2/2)   | Review CARS 10 Passages |
| 20                                   | Saturday  | 30-Dec | TPR FL 3                      | TPR FL 3                |
| 21                                   | Sunday    | 31-Dec | CHURCH                        | REVIEW FL 2             |
| 22                                   | Monday    | 1-Jan  | NEXT STEP Diagnostic 1        |                         |
| 23                                   | Tuesday   | 2-Jan  | NEXT Step Diagnostic 1 Review |                         |
| 24                                   | Wednesday | 3-Jan  | REST                          | REST                    |
| 25                                   | Thursday  | 4-Jan  | Next Step FL 1                |                         |
| 26                                   | Friday    | 5-Jan  | Next Step FL 1 Review         |                         |
| 27                                   | Saturday  | 6-Jan  | REVIEW WEAKEST PASSAGES       |                         |
| 28                                   | Sunday    | 7-Jan  | CHURCH                        | REVIEW WEAKEST PASS     |
| 29                                   | Monday    | 8-Jan  | AAMC Sample Test              | REST                    |
| 30                                   | Tuesday   | 9-Jan  | Review                        | REVIEW WEAKEST PASS     |
| 31                                   | Wednesday | 10-Jan | AAMC FL 1                     | REST                    |
| 32                                   | Thursday  | 11-Jan | AAMC FL 1 Review              | REVIEW WEAKEST PASS     |
| 33                                   | Friday    | 12-Jan | AAMC FL 2                     | REST                    |
| 34                                   | Saturday  | 13-Jan | AAMC 2 Review                 | REVIEW WEAKEST PASS     |
| 35                                   | Sunday    | 14-Jan | CHURCH                        | REVIEW WEAKEST PASS     |

MCAT WEEK      M-R      1/14-1/18      AAMC OG 120 Questions      AAMC OG REVIEW  
MCAT WEEK      Friday      19-Nov      REST      ALL      DAY      EVERYHOUR  
**MCAT DAY    SATURDAY      JANUARY 20TH      BEGIN TIME      8AM**

ONLY BUY CARS QUESTION BANK FROM AAMC

USE NEXT STEP FL FOR FREE