

[Restart](#)**01/01/201X - Pod 1 AM****Room #:** 01**Enc. #:** 01**Routing #:** 1**NBOME ID #:** 111111

SOAP Note

S

CC: positive pregnancy test

Tayna Parker is a 28 G0 presenting with a positive pregnancy test. Her last menstrual period was 6 weeks ago. She reports bilateral breast enlargement, fatigue, poor appetite, and nausea. She also reports feeling bloated and fatigued. She is currently sexually active with her husband with pulling out before ejaculation the only form of contraception. This is an unplanned pregnancy.

ROS: Denies bleeding, abdominal pain, Shortness of breath, fever, or changes in bowel movements

Allergies: nkda

PMH: no chronic illnesses

SH: No smoking, 1-2 beers a week, no illicit drugs, grad student

FH: Dad diabetes

0:00**O**

Vitals: WNL

General: Patient is comfortable, no distress

HEENT: PERRLA, no icterus or pallor, mouth and oropharynx normal mucosa

Neck: No thyromegaly

Chest: Clear Breath sounds bilaterally

Heart: Regular Rate and rhythm, normal S1 and S2, no murmurs

Abdomen: Soft, non-tender, normoactive bowel sounds, no enlarged organs or guarding

A

1. Normal Pregnancy
2. Molar Pregnancy
3. Ecotopic Pregnancy
4. Hypothyroidism

P

1. Prescribe prenatal vitamins
2. Ultrasound of pelvis, urine HCG, CBC, antibody screening, Blood type, Urine culture, TSH
3. Schedule for Pap smear
4. Advise patient to cease smoking and alcohol as well as intense exercise
5. Return for scheduled Prenatal Visit